



Alghero - "The Tim Tour 2002"

The TIM Tour 2002 concludes its stay in Alghero today, the last day of the great travelling event promoted by Telecom Italia Mobile. It is an interactive village of over 15,000 square metres, at the wharf of the naval port, open from 10am to 1:30am, featuring music, shows, sport and technology. From Aug 22nd to 24th, it will be in Cagliari. At 10pm today, there are performances by Zen, 883, Gianluca Grignani and the folks from "Saranno Famosi".



Finals: Miss Italia 2002

The regional finals of "Miss Italia 2002 in Sardinia" organized by Voice Mail Service, will be held on Monday August 19th at Monte Claro in Cagliari. Seven girls have already earned a ticket for the national semifinals in San Benedetto del Tronto from August 21st to 25th. The last sash here, "Miss Deborah Sardegna", was won by Silvia Sollai, 20 years old, of Monserrato.

Sassari - Bassotti concert

The Banda Bassotti will appear on stage on September 4th. Tickets already sold will be valid for the new performance date.

Villamassargia - Folk festival

For the sixth "Festival dei Popoli" this evening at 9:30pm, there will be a concert by the English duo Kevin Dempsey on guitar and Joe Broughton on fiddle. Entrance is gratis.

Gonnosnò - Honey festival

Far from the sea and the crowded beaches is a unique opportunity to discover the history of one of the most successful products from Marmilla. The ethnographic museum of Gonnosnò will be open until Monday, organized by the cultural services company Nur. And, among tools typically linked to the rural world, there is also the largest collection of traditional and rational apiculture in all of Sardinia.



Arbus - Festival of Stella Maris

The festivities in honour of the "Beata Vergine Maria Stella Maris" have begun. The festival will conclude on August 21st. On the bill today at 10pm there will be a concert by Piero Marras and his group. On Monday 19th the song festival will be held. On Tuesday 20th there will be a performance by the musical group "Cocco & C" on Wednesday 21st, always at 10pm, there is a concert by "Dual band".



The ancient practice of canoeing is stronger than ever

Dragon boat from China to Poetto

The Polynesian canoe is just the most recent arrival among the many passions of Sardinian canoeists. All you need is a little imagination, a few trips abroad, and the simple canoe ride can become the start of something interesting. Take tourist canoeing, which you can do almost everywhere in Sardinia and which allows you to keep in direct contact with the sea and with nature.

Then there is rough river canoeing which is little practised due to the lack of water courses and rapids and more popular in Northern Italy. Then again, there's the dragon boat. The name indicates a full programme, and the strangeness increases when you see this odd boat hit the waters of Poetto. These days few who lie on the beaches near the first stop, have

never heard the beat of the drum out to sea.

The rite has now been repeated for two years. In the summer of 2000 the long canoes bearing the colourful heads of Chinese dragons made their first appearance at Marina Piccola, exciting the curiosity of the public. It certainly is not every day that you find yourself swimming beside a snout which looks anything but friendly, with teeth in clear view, followed by twenty rowers and a red lacquered tail. And obviously, the drummer sitting in the prow, setting the rhythm with blows on the drum.

This is the first extraordinary image of the dragon boat, a vessel whose origins fade away into legend. It is a tradition which is celebrated throughout the Orient, with the name of Festival of the

Dragon Boat, and since 1976 it has become a sporting discipline to all effects, known a little everywhere.

Once imported to Cagliari, the dragon boat didn't take long to attract followers: the dragon has spread throughout Sardinia, spawning numerous events, such as the Palio dei Quartieri, il Carnevaldragon with masked crews and, finally, the festival.

The chinese canoe comes from the sea, but at Cagliari its ideal habitat is the Canale di Terramaini. The channel is almost always dead calm, and provides a course adapted to long distance races. Meanwhile, Sardinia is preparing a crew of at least eight girls for the dragon to participate in the world championships at the lake in EUR in Rome, from September 4th to 9th.

After a slow start, the

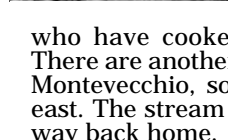
fairer sex has also been won over by the new speciality involving canoe and paddle. But not only the dragon boat become popular: a more masculine sport has been also exciting interest, for a few months: canoe polo, a real team sport created in Great Britain as a form of training for river canoeing and recently affiliated to the Italian Canoa and Kayak Federation.

Once you get to know canoe polo, you'll be hooked on it in little time, because you do it in the sea, or because it is a cocktail of many sport. Water polo, basketball, volleyball, handball, hockey and, naturally, polo. Don't worry, you don't have to be champions in all these sports, it's even simpler to do than to talk about. All you need is an ever mild climate and the wonderful seas around Sardinia.



Guspini - Riding on the dunes

Montevecchio is an old mine set between the basalt outcrop of Arcuentu and the granite outcrop of Arbus on a vein of zinc sulphide and lead sulphide, riches which were mined in antiquity for lead, silver and zinc. We are heading westward and a beautiful valley soon comes into view, allowing us to view the mining equipment at the Ponente mine. The guides indicate the presence of some deer which look intrigued at our horses. Suddenly you feel a different air, sea air. It's Piscinas d'Ingurtosi, the most extensive desert system in Europe, where you can find rare and precious essences. We have an excellent lunch prepared by the guides



who have cooked mallorreddus and roast pork. There are another ten kilometres to ride to return to Montevecchio, so we follow the Rio Irvì and head east. The stream runs fast and strong, pointing the way back home.

"Quattro Stagioni" restaurant

Taste the delights of typical Sardinian cuisine at the Ristorante Quattro Stagioni, located at the foot of the Parteolli Mountains on the road to the springs. The restaurant is open everyday and can seat three hundred guests on two wooden terraces. Among the recommended dishes are the roast meats flavoured with herbs, the "micchittis nieddas" (a special black pasta seasoned traditionally) and stewed goat's meat, all served with local Parteolli wines. Average price is 18 euros (drinks excluded). Internal supervised parking area. Ristorante Quattro Stagioni, Strada per le Sorgenti, Dolianova. Tel: 070 742291.

Cagliari - Bed & Breakfast



At the centre of Cagliari there's a villa in which you can enjoy absolute peace and where guests are welcomed with a rose and some Sardinian sweets. This is Silvana Cao's bed and breakfast, where you have breakfast under a large portico covered in bouganvillea and surrounded by exotic trees and a beautiful green field. Silvana Cao wants her guests to feel at ease walking barefoot around the place, enjoying the lovely garden, and chatting in the wicker walled sitting room. The house has two entrances, one towards the new city, the market square and a few steps away from the theatre. The other opens on the old city and the historical quarter of Villanova. Your host can provide all the tourist information you need to live in the city. B&B di Silvana Cao, via Bacaredda, 126. Tel. 070.401269 - 338.6133691. Price: from 36 euros for a single, from 52 euros a double. E-mail: silvanacao@libero.it

Risparmio sotto il sole.



Gazebo Amelia.
400x271 h cm.
€ 590,00



Tavolo ovale.
In pino svedese tinto mogano;
86x150 cm.
€ 119,90



Tavolo tondo.
In pino svedese tinto mogano;
diam. 120 cm.
€ 219,00



Sedia pieghevole Kalmar.
In pino svedese tinto mogano.
€ 29,95



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